

# COOT Emotion Survey

Here are the questions that are posed in the child psychology survey we use in the system. It is known as the COOT survey in academic circles:

1. I feel that wishing can make things happen
2. People are nice to me no matter what I do
3. I usually do badly in my school work, even when I try hard
4. When a friend is angry with me, it is hard to make that friend like me again
5. I'm surprised when my teacher praises me for my work
6. When bad things happen to me, it is usually someone else's fault
7. Doing well in my class work is just a matter of luck for me
8. I am often blamed for things that just aren't my fault
9. When I get into an argument or fight, it is usually the other person's fault
10. I think that preparing for tests is a waste of time
11. When nice things happen to me, it is usually because of luck
12. Planning ahead makes good things happen
13. In uncertain times, I usually expect the best
14. It's easy for me to relax
15. If something can go wrong for me, it will
16. I am always optimistic about my future
17. I enjoy my friends a lot
18. It's important for me to keep busy
19. I hardly ever expect things to go my way
20. I don't get upset too easily
21. I rarely count on good things happening to me
22. Overall, I expect more good things to happen to me than bad
23. On the whole, I am satisfied with myself
24. At times, I think I am no good at all
25. I am able to do things as well as most people
26. I feel I do not have much to be proud of
27. I certainly feel useless at times
28. All in all, I am inclined to feel I am a failure
29. I feel that I have a number of good qualities